

HIGH SCHOOL ESSAY CONTEST

SUBMISSION GUIDELINES

Sponsored by

UC San Diego Saltman Quarterly
Community Outreach



1 Follow the **prompt**.

It is estimated that by 2060, nearly 1 in 4 Americans will be over the age of 65 (Population Reference Bureau). Advances in pre-screening for and treatment of diseases, better nutrition, and lifestyle habits have allowed for the average lifespan to reach the highest it has ever been.

As a result, geriatrics, the branch of medicine concerned with the healthcare of the elderly, has become a topic of greater attention.

Consider how biological advancements could improve geriatric care. Analyze the advantages and disadvantages of applying one of these advancements in healthcare. Incorporating this advancement, describe a unique plan you have for the future of geriatrics which promises to be beneficial to both individuals and your community.

2 The essay may not exceed **750** words.

3 Email your essay to **sqoutreach@gmail.com** as a Google Docs link (with commenting enabled) or Word Document

4 Submit by the soft deadline of **11:59PM on January 24, 2020**.

Submitting an essay prior to this deadline is **optional**. If an essay is submitted prior to this deadline, Saltman Quarterly's Review Board will read over the essay and provide helpful commentary. The essay will be returned to the student approximately 1-1.5 weeks after the soft deadline. The student is then expected to resubmit an edited version by the hard deadline.

5 Submit by the hard deadline of **11:59PM on February 21, 2020**.

This is the final deadline for the essay contest. This deadline **must** be met in order to be eligible to win the contest prizes.