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Saltman Quarterly, the premier undergraduate research journal of the Division of Biological Sciences at UC San Diego, would like to give high school students like you the opportunity to have an essay published in one of our quarterly publications, the SQ Insider.

SUBMIT YOUR ESSAY BY

JANUARY 24TH **OPTIONAL DEADLINE TO RECEIVE FEEDBACK FROM OUR STUDENT STAFF**

FEBRUARY 21ST **FINAL DEADLINE**

ESSAY PROMPT

It is estimated that by 2060, nearly 1 in 4 Americans will be over the age of 65 (Population Reference Bureau). Advances in pre-screening for and treatment of diseases, better nutrition, and lifestyle habits have allowed for the average lifespan to reach the highest it has ever been. As a result, geriatrics, the branch of medicine concerned with the healthcare of the elderly, has become a topic of greater attention.

In 750 words maximum, consider how biological advancements could improve geriatric care. Analyze the advantages and disadvantages of applying one of these advancements in healthcare. Incorporating this advancement, describe a unique plan you have for the future of geriatrics which promises to be beneficial to both individuals and your community.

SUBMISSION GUIDELINES

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IF YOU HAVE ANY QUESTIONS, EMAIL US AT SQOUTREACH@GMAIL.COM

PRIZES

GRAND PRIZE: PUBLICATION IN SPRING INSIDER, RESEARCH SHOWCASE INVITE, CERTIFICATE, COPY OF SQ INSIDER, SQ STICKER (2), SQ SHIRT AND TOTE BAG

SECOND PRIZE: RESEARCH SHOWCASE INVITE, CERTIFICATE, COPY OF UTS, SQ STICKER (2), TOTE BAG