

GET PUBLISHED

Saltman Quarterly, the premier undergraduate research journal of the Division of Biological Sciences at UC San Diego, would like to give high school students like you the opportunity to have an essay published in one of our quarterly publications, the SQ Insider.

SUBMIT YOUR ESSAY BY

JANUARY 24TH

**OPTIONAL DEADLINE TO RECEIVE
FEEDBACK FROM OUR STUDENT
STAFF**

FEBRUARY 21ST

FINAL DEADLINE

ESSAY PROMPT

It is estimated that by 2060, nearly 1 in 4 Americans will be over the age of 65. Advances in pre-screening for and treatment of diseases, better nutrition, and lifestyle habits have allowed for the average lifespan to reach the highest it has ever been.

As a result, geriatrics, the branch of medicine concerned with the healthcare of the elderly, has become a topic of attention. The current number of geriatric caregivers does not adequately supply the increasing demand of the expanding elderly population.

Consider the methods currently used in geriatrics today. Analyze the advantages and disadvantages of a current technique and its impact on society. Modify this technique or describe a unique vision you have for the future of geriatrics which promises an even greater impact on society.

SUBMISSION GUIDELINES

VISIT OUR WEBSITE SQONLINE.UCSD.EDU
FOR OUR SUBMISSION GUIDELINES AND
EXAMPLES OF PREVIOUS WINNERS

IF YOU HAVE ANY QUESTIONS, EMAIL US
AT SQOUTREACH@GMAIL.COM

PRIZES

GRAND PRIZE: PUBLICATION IN SPRING INSIDER, RESEARCH SHOWCASE INVITE, CERTIFICATE, COPY OF SQ INSIDER, SQ STICKER (2), SQ SHIRT AND TOTE BAG

SECOND PRIZE: RESEARCH SHOWCASE INVITE, CERTIFICATE, COPY OF UTS, SQ STICKER (2), TOTE BAG